

about crystals

Crystals have been called
“the children of the earth”.

The law of opposites - the forces of **yin and yang** - began many millions of years ago as heat and cold to create these remarkable formations. Because crystals are a **pure** expression of the way energy **crystallises**, they act as a resonator between human beings, the planet and the universe at large. They speak the language of all manifested shapes and forms and can be used to harness great **powers**.



In healing, crystals are able to bring fragmented energies into a pattern exactly mirroring the life energies of the person being healed.

crystal healing ...

is an inspirational one-day workshop that will enable you to easily and effectively **release energy blocks** for yourself, others, plants, animals and the environment.



Workshop leader

julie collet

Dip. Social Studies AAPT/TT



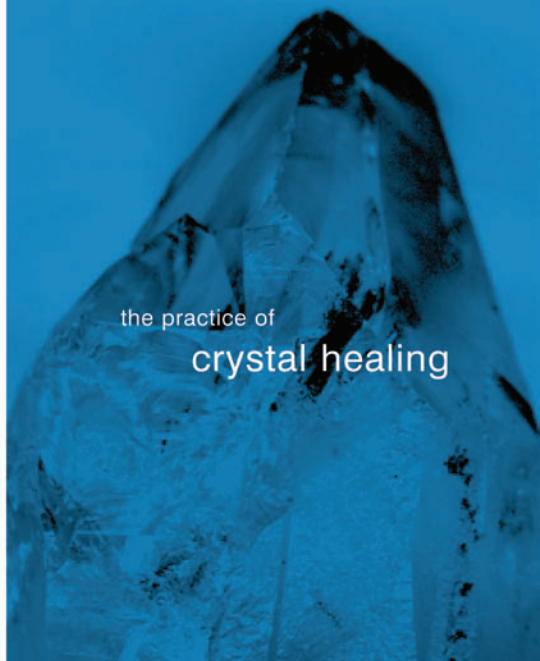
crystal healing

workshops

“ Only someone who is with the source can take another there. This is the special and humbling gift I have been given. ”

Julie's life and work have been coloured by her search for meaning and for the thread that unites all living things.

She was accepted as one of the first western meditation teachers under the guidance and inspiration of her spiritual teacher, Maharaji. This took her to the international arena where she taught and inspired people all over the world. Julie now practices and teaches Polarity Therapy, Crystal Healing, Yoga and Meditation, and works to help people live in harmony with the life force that sustains them, both individually and universally.



the practice of
crystal healing

enquiries

julie collet 66559759

julie@sacredwebs.com.au
www.sacredwebs.com

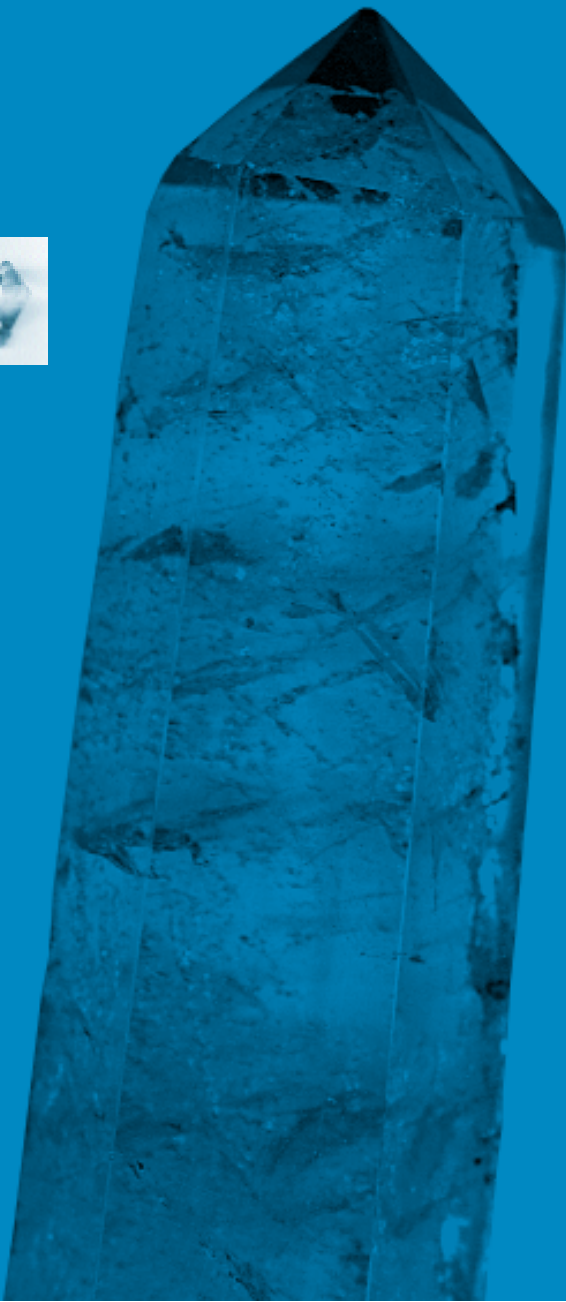
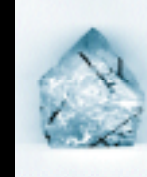
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with **julie collet**

polarity therapist • healer • educator

crystal healing



is a form of energy balancing that works with the power, beauty and symmetry of crystals to release blocks to the free flow of energy in and around the body.

In these workshops you will:

- understand the healing and energetic properties of crystals
- explore the energy anatomy of human life
- work with crystals to re-align the human energy field
- establish crystal grid formations to dispel negative energies, protect your house and energise your food
- use a crystal pendulum to balance the chakras.

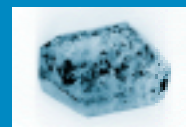
Through this informative, practical and uplifting workshop, you will discover many ways to use crystals for healing, including:

grid formations

for a particular effect, including protection, balance, purification, and revitalisation.

the laying on of stones,

an ancient healing practice using crystals and healing stones to balance the chakras and hence the whole person.



workshop structure

pendulums,

a great diagnostic and healing tool, correcting the electro-magnetic spin of the body.

terminated crystals,

which are ideal for magnifying and directing energy along the body's natural pathways and for releasing energy blocks for healing and transformation.

and many more.

Crystal Healing comprises a series of presentations, practical demonstrations, question time and hands-on practise in a relaxed, sharing environment.

You will receive a comprehensive text covering theoretical and practical aspects of Crystal Healing, as well as monthly practice tutorials.

Crystal Pendulums, as well as a variety of beautiful crystals, will be available for purchase in the workshop. Your own favourite crystals will be most welcome too.

See enclosure for details of upcoming workshops.

You will leave this workshop enriched with the wonderful possibilities for using crystals to establish body-mind-soul harmony.