

My journey into the healing realm of dowsing & crystals

Discovering how to work with a pendulum & crystals, not only to gain answers to simple questions, but to restore health and wellbeing, has been one of the great blessings in my life. I have spent many hours totally fascinated by the way a pendulum is able to detect energy distortions in the body-field, clear them and bring them into balance. It is a delight and often a relief to experience an energy field all of a sudden become absolutely calm & still, especially after it has been disrupted and spinning like a violent storm!

Watching a pendulum detect patterns of energy, often in reverse polarity, makes it very clear why we become stuck. When the energies of life are spinning as they are designed to in a clockwise rotation, they have the power to attract what is needed and to dispel what is not. When they have reversed their polarity however, due to some type of unresolved trauma and are spinning in an anticlockwise rotation, they do the opposite. They attract in the negative and repel the positive. Until this anti-spin is reversed, healing & resolution of issues is well-nigh impossible.

Continuing to work with a pendulum has given rise to simple and effective ways to balance the chakras and all body systems, as well as ways to release pent-up emotions & stubborn negative beliefs.

With its ability to detect and restore movement, the pendulum can be a far reaching and penetrating healing tool for those with confidence & focused intention. Confidence comes quickly as one experiences the incredible power of the pendulum to balance the functioning of the body and restore peace of mind. Witnessing the pendulum at work is a wonderful revelation for all to see as it reflects what is taking place below the surface in the subtle energy field. It enables one to witness the disruptions underpinning the mental, emotional & physical issues which most of us experience at various times in our lives

My journey with a pendulum started many years ago, when as a Polarity Therapist, it occurred to me to use my pendulum to increase the efficiency of my hands to bring about balance. It turned out to be a very reassuring experience, as the pendulum reflected to me the very same energies I was experiencing through my hands. When I was experiencing static and disrupted energy, the pendulum's spin would be erratic and disjointed; when I experienced energies settling down, the pendulum would begin to spin in a steady and clockwise direction. Finally when I felt the even pulse of a body's life force, the pendulum would become still and reflect that state of perfect balance. Watching the pendulum spin as I work with my clients has increased my capacity to identify when an energy field has reversed its polarity and when it has been restored. The pendulum has become my friend, teacher and helper.

Using a pendulum with the support of crystals placed appropriately on the body, is a non-intrusive & painless form of healing. It can easily be learnt & practised by anyone with an open heart and mind. It is my experience that it is possible to travel into the energy field of any aspect of life with a pendulum and restore balance.